CanXida

**Getting Your Gut Back to Normal** 

# Can Xida User Guide

How to Get the Most Out of CanXida Remove, Restore, Rebuild & Recharge



Includes Pages On Our New Formula: Recharge



#### A Personal Thank You From CanXida Support



Dear friend,

Thank you again for believing in us & purchasing CanXida.

Whether this is your first purchase or you've used CanXida in the past, we want you to know our team is here to make sure **you get the results you're looking for.** 

Be it the eradication of a candida yeast infection, leaky gut, a parasite infection like Blastocystis, irritable bowel syndrome, the reversal of an autoimmune condition, or any other gut related health problem. . .

We're confident CanXida will get you results other products or medicines you've tried have failed to. Regardless of how long you've been suffering or how many "specialists" you've visited.

We want CanXida to be different & unlike anything else out there. Not just in terms of superior raw materials & effectiveness, **but in terms of support and education** for people like you who suffer with these problems.

That's why there's over 4000 videos on our YouTube channels (plus 4-5 added each week), a 718 page Candida ebook, Shopping Guide, Recipe Book & more. It's also why we made this booklet.

On the next few pages, you'll find the story of CanXida, how we made each formula, the differences between each one & who they are for, whether it's necessary to take all 3, what dosage you should take for maximum effectiveness, & much, much more.

We tried our best to answer any questions you may have regarding how to use CanXida to best tackle your specific health problem, but if you want to contact us for additional help...

Please reach out to us at support@canxida.com.We'll connect you to our in-house naturopath / nutritionist so they can write you a **personalized response** (usually within a day or less).

This service is limitless, free of charge and is an additional thank you for using CanXida.

To great gut health, -CanXida Customer Support Team

# The Story of CanXida

**How We Created What In Our Opinion Is the Most Effective Gut Restoring Formula in the World** 

It's long been our dream to make the most effective gut health products out there.

Not just for Candida but things like SIBO, parasite infections, leaky gut, autoimmune diseases & more.

**CanXida** is the result of nearly 30 years of research & working with over 16,000 gut disorder cases.

#### **BECAUSE WHEN YOU** ACCUMULATE DATEA & CLINICAL KNOWLEDGE...

You learn what works best for different conditions.

> You learn what natural medicines can give a person the SHORTEST possible treatment duration while also giving the HIGHEST possible return on health for the lowest possible price.

#### IT TAKES A LONG TIME TO GAIN THIS KNOWLEDGE

Most of it was shaped through stool testing. Literally thousands of stool tests were performed for a period of 20 years before CanXida was created.

> The first formula we made was CanXida Remove (now called RMV).

There was a huge amount of problems when we first started to make this product.

There were many problems with compression & tablets falling apart.

And because we didn't want to use any heat or excipients (meaning inactive "binders" or "fillers") it made this process much trickier.

> One of the most challenging aspects was making CanXida sustained release.

Meaning when you swallow them, your digestive system doesn't get access to everything immediately.

But over a period of several hours it slowly breaks down in the gut.

Now, likely the supplements you were taking before were not sustained release.

They weren't put together by someone with decades of experience treating your specific health problem.

They were likely put together by a company that's got 1000 other products and they pay lip service to making an anti-fungal or antimicrobial or anti-parasite formula.



Or they've just put out a berberine or an oregano product.

#### And that is expensive.

Why? Let's say you've trying to hunt down products to clean up your gut. You do a stool test & it says you've got a high count of Klebsiella (a bacteria that can behave badly) in there along with some Citrobacter and Candida.

You may have Blastocystis.

#### IT'S RARE THAT A STOOL TEST SHOWS THERE'S JUST ONE PROBLEM

You may have 3 issues in your gut that need fixing.

You're then likely to look at several products, which are going to cost you a lot more than the price tag of **CanXida Remove**.

That's why **CanXida** is cost effective. It targets all of these problems at once.

You don't need to take tons of products. It's better to take 2 or 3 high quality products. Too many people waste money on supplements.

Because the more products you use — the more you're grasping at straws and the more you're treating symptoms vs the actual problem.

**CanXida** isn't like ordinary tablets you find at the supermarket. We didn't dump random "healthy" herbs & vitamins into a pill like many manufacturers do.

One of the ways we chose what raw materials to use was by looking at sensitivity panels on stool tests.

#### LITERALLY THOUSANDS OF STOOL TESTS & sensitivity panels were examined to find the EXACT medicines to best target ALL the pathogens found in sick people's guts.

We also made sure everyone involved in the production of **CanXida** meet GMP (Good Manufacturing Practice) standards. GMP ensures that each bottle is produced consistently & that all stages of the process are controlled according to the highest quality standards.

Each raw material goes through a stringent process involving lab work to make sure the correct herb was sent & that it contains no contaminants.

# We check that there are no heavy metals, PCBs, GMO's and more.

We have lab tests from each batch to make sure each herb contains the right amount of active ingredients.

# THAT'S BECAUSE CANXIDA USES "STANDARDIZED" INGREDIENTS

Standardization means that each time you take this supplement, you're getting a consistent therapeutic dose. It doesn't vary in potency from batch to batch as is usually the case with non-standardized supplements.

It's a bit like how pharmaceuticals are made. You get the same therapeutic dose every time you take it.

Most people can't be bothered by these things or don't care. They go on Amazon & look for a \$10 product.

# How To Get the Most Out of CanXida REMOVE (RMV)

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**Broad Spectrum Anti-Fungal, Anti-Bacterial & Anti-Parasitic** 

**CanXida Remove** is an advanced 12 ingredient anti-fungal, anti-bacterial & anti-parasitic formula based on three decades of research & working with thousands of patients either at a clinic or online via Skype.

It's the only formula that targets the BIG PICTURE of gut disturbances & is in our opinion the most premium gut cleaning supplement ever created.

# Remove doesn't only target things like Candida, SIBO, & Leaky Gut.

It also targets secondary problems caused by Candida like dysbiosis & parasites like Blastocystis.

Because remember, once your gut has high levels of bad bacteria & yeast & low levels of "friendly" bacteria, it's easy for other "bad guys" to get in.

#### HOW TO USE CANXIDA REMOVE FOR MAXIMUM EFFECT

Our advice for most people is start with one tablet for 2 to 3 days, & if you feel fine, increase that to two to three tablets a day.

If you're a sensitive person & you know you react to supplements, cut the tablet in half & take that for a few days before moving up to one per day (& then to one tablet twice per day).

CanXida is nontoxic.

You can take anywhere from 1 to 12 tablets per day. You shouldn't go above 6 or 8, but there have been a few folks who needed large doses like this.

#### SOMETIMES YOU BREAK THROUGH BARRIERS WHEN YOU INCREASE THE DOSAGE

If your symptoms are severe you may want to take 6 tablets a day but that would be the maximum.

If you're only starting to make dietary changes, stick with 2 tablets a day for the first one to two months.

If you've been sticking to a good diet for some time and you've been disappointed by other formulations (like many CanXida users have), start immediately with one tablet 3x a day.

#### Always take CanXida with meals.

You're not going to benefit from this formula taking it between meals or 2 to 3 hours away from food.

Why would there be no benefit?

Because **CanXida Remove** is made in a very special way. Unlike other products, **Remove** is sustained release.

That means when you take this product, it breaks down slowly over a period of

2 to 3 hours (unlike most tablets that break down right away).



It's best taken with food because that's when digestion occurs. That's when your body is secreting enzymes and acids.

We've found most people get a better result when they take **CanXida** with food vs away from food.

You don't have to chew the tablets. You can swallow them whole. You can even blend **CanXida Remove** with your smoothie if you like, and all the particles in it will still have a sustained release effect.

If you want to take **CanXida** & don't plan on eating a meal, at least take the tablet with a snack. This can be an avocado or a can of sardines. Just be sure you take it with food.

#### DON'T TAKE REMOVE WITH A GLASS OF JUICE, EVEN VEGETABLE JUICE

The best foods to take with **CanXida** are those high in protein. It doesn't have to be animal protein. It can be beans with quinoa or tempeh.



Protein makes your stomach produce more acids & enzymes & that makes **CanXida** work even better.

It's best to take **CanXida** in the middle of the meal or at the very end.

Breakfast and evening meals are good times to take it. If this is your first time using it, start by taking one tablet in the morning with breakfast.

Do that for three days & see how you feel. Most people can take 2 tablets per day no problem at all.

If you can tolerate one tablet twice a day for three days, then you can take 2 tablets in the morning & 2 at night.

PEOPLE WITH CHRONIC GUT PROBLEMS IDEALLY WANT TO BUILD UP THEIR DOSAGES TO TAKING CANXIDA UP TO 3 TIMES PER DAY

Meaning 1 to 2 tablets at breakfast, 1 to 2 with lunch and another 1 to 2 with dinner.

The benefit of taking **Remove** 3 times per day is that you'll get a better outcome in a shorter period of time.

Meaning you'll only need to take it for 2 or 3 months vs 3 to 6 months before you notice significant improvements.

In our experience, most forget to take **CanXida** at lunchtime.

# How can taking CanXida Remove with your lunch cut your recovery time in half?

Because it breaks down slowly.

So if you take CanXida 3 times a day, you're going to get the powerful anti-fungal & herbal activity for longer than if you only take them twice a day.

#### THIS WAY YOU'RE HITTING THE "BAD GUYS" NON- STOP

You're ramping up your gut's immune response & that transfers to your blood which is then pumped to your mouth, your skin, your groin, anywhere you may have a yeast issue.

When a person has a chronic gut problem, we like to recommend a starting dose of 2 to 3 tablets a day and then increase the dosage.

Some may have to begin with 1 tablet, others half. Don't worry, over time you'll be able to amp up the dosage as your tolerance increases.

Some of the best results we've ever had were people who took 6 or even 9 tablets of **Remove** per day. That means 2 or 3 tablets three times a day.

Now, you may be looking at that bottle in front of you and thinking:

"Jeez. If I take **Remove** 3 times a day like you say I'll need another bottle in 10 days!"

And this isn't true since you don't start at that dose. But we understand.

**CanXida** isn't cheap & if you're REALLY sick, you'll likely use several bottles before you're fully recovered.

That's why you can find bulk deals on canxida.com/bulk.



Remember, you didn't get sick over night. It took a long time for your illness to develop to the level it's at.

And it's going to take time for your body to heal.

You may think being on this product for two to three months is expensive but **CanXida** is cost effective because you can stop buying all the other supplements you're taking.

Think about it. How much have you already spent on supplements to get your health back? \$100? \$500? \$1000 or more?

Some people write to us, "Jeez, why are your formulas so expensive?"

We challenge you to go out & make a product like this & sell it for a lower cost using the same raw ingredients.

You'll end up with a cheaper product and you'll get cheap results. And then you'll see people talk about it on the internet and tell everyone how bad your product is.

We don't want cheap results.



We sourced the best possible raw materials from the top manufacturers in the world for the plain looking white bottle you have in front of you right now.

#### CANXIDA IS NOT CHEAP BUT GREAT HEALTH IS NOT CHEAP EITHER

And believe us, the price is long forgotten when your health returns and your quality of life improves.

Remember, this isn't a product you take for the rest of your life.

You can take **Remove** for one month, slowly work your way up to 6 tablets a day & then take that dosage for 3 weeks and go through three bottles that way.

# And it's going to get you results like nothing else you've tried has.

We can't begin to count how many people I've seen get their health back using this protocol after all the drugs & doctors visits got them NOWHERE.

So if you've got a chronic yeast infection or a severe case of SIBO or a parasite infection, try to stay on **CanXida Remove** for 3 to 6 months.

When a person has a chronic gut problem, it's best to start them slow, build the dosage up for several weeks, and then for a 6-week window, hit the bad guys HARD.

### THAT'S WHEN YOU TAKE 6 TO 9 TABLETS A DAY FOR SIX WEEKS

After 6 weeks, you reduce the dosage down to one or two per day for 14 days to give your gut a break.

Remember, **Remove** twice a day is good, but three times a day is optimal.

But the choice is yours.

#### **DURATION OF TREATMENT**

How long you stay on Remove

depends on the severity of your symptoms, your aggravations, your energy levels, & how fast you recover.

In other words, you'll adjust the treatment according to how you feel.

You'll know when you feel better.

Sometimes a shorter duration with high dosage can result in a breakthrough when a person has one or two very strong symptoms.

Some people can benefit from ridiculously high dosages. Others respond better with a long, slow approach. There's no "cookie-cutter" or one-size-fits-all method.

Every person is different.

Often the longer, slower dose is better if the symptoms aren't too bad.

- Our general advice is take **CanXida Remove** in a 4 to 6 week block. Select a dosage, stick to the dosage for 4 to 6 weeks, then take a break for a week.
- Then do another block, either with a lower dose or a higher dose, depending on how you feel.

This higher dose approach is especially effective if you got parasites.

Because with newer generations of bugs, sometimes it pays to hit them harder instead of backing off.



# How To Get the Most Out of CanXida RESTORE (RST)

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Probletic
Enzyme

Statement

Statem

Time Released Probiotic + Enzyme Formula

We designed **Restore** exactly for what the name says.

To restore your gut function.

BECAUSE IN ORDER TO KEEP YEAST & BAD BACTERIA FROM COMING BACK, you need to replace them with beneficial bacteria.

And you do that by taking a high quality probiotic & enzyme formula like **CanXida Restore**.

It's very advantageous to take **Restore** at the same time as **Remove**.

Both products are best swallowed together. You don't need to spread them apart by 10 or 30 minutes.

How do we know this?

# Because we've been working with probiotics for many years.

We've been into probiotics long before they were popular & learned they work better when you take them with an anti-fungal like Remove.

The two work synergistically.

YOU GET
BETTER RESULTS
WHEN YOU TAKE THEM
TOGETHER

Many folks will have tried a probiotic in the past and gotten poor to mediocre results.

The problem with probiotics is most people don't know how to choose one. They simply grab what looks nice on store shelves.

They never ask where did it come from? Where did the company get the raw materials? What kind of research has gone into this product?

Was the product formulated by a person who's an expert on it? Do they provide extensive education about dosage & how to use the product?

Many make the mistake of "more is better" when it comes to probiotics. They choose what has the most strains.

The problem is most probiotic strains **don't do anything** to inhibit yeast & they do nothing for Candida.

They're just there for marketing so you feel you're getting "lots of stuff."

THEY'RE NOT CENTERED AROUND PROBIOTICS THAT ARE SCIENTIFICALLY PROVEN TO INHIBIT CANDIDA & YEAST

The 6 strains that *do inhibit Candida* are:

- Lactobacillus acidophilus
- · Lactobacillus casei
- Lactobacillus plantarum
- Lactobacillus rhamnosus
- Bifidobacterium bifidum
- Bifidobacterium longum

**Lactobacillus acidophilus** for example is Candida's natural enemy. It's the #1 competitor of Candida in both the gut & vaginal environment.



Countless studies show Candida & other yeasts can't reproduce where there's high levels of L. acidophilus.

L. Acidophilus creates lactic acid (a natural antifungal). It's why the vagina has a low pH.

Candida hates lactic acid and actually has mechanisms to prevent the acidification of its environment.

Research shows that when yeast is exposed to lactic acid, it gets a stress response & goes into a starvation-like state where it can't grow or mature.

Other antifungal agents created by Lactobacillus include hydrogen peroxide & special molecules called bacteriocins & biosurfactants.

Bacteriocins are protein-like molecules that slow the growth of bad bacteria & fungi. While biosurfactants are molecules that interfere with Candida's ability to latch onto the vaginal and gut wall.

Studies show when Lactobacillus is released into an area colonized by Candida, the good bacteria will literally "unhook" yeast from the epithedial cells that line the gut wall.

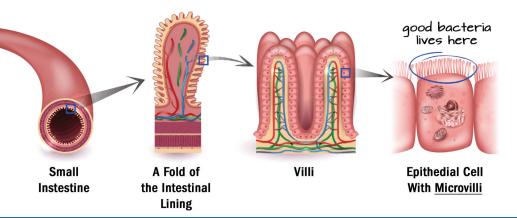
#### LACTOBACILLUS LITERALLY "EVICTS" CANDIDA FROM THE GUT & VAGINAL WALL

It competes with Candida for food, nutrients & colonization space.

It also amplifies the effect of antifungals by increasing the permeability of the fungal membrane (in other words it **makes tiny holes** in the cell wall so antifungals can get inside).

Some strains like **Lactobacillus Casei** have additional benefits.

Casei is important because it mops up immune debris & Candida waste particles that like to lodge throughout your body and cause



inflammation & make you feel sick.

It boosts your immune function.

In total, **Restore** contains 6 probiotics and 7 enzymes. You get the 4 best Lactobacillus and 2 best Bifido.

#### THESE ARE THE STRAINS MOST RESPONSIBLE FOR FIXING YOUR GUT ENVIRONMENT

They're what TRANSFORM your gut from a place where yeast, bad bacteria & parasites thrive unchallenged — into a place that's hostile to them & instead ENCOURAGING to friendly bacteria.

And unless these two are restored, Candida is going to come back again and again...

Don't worry about other strains. They're nowhere near as important.

Once the Lactobacillus & Bifido are restored, you'll get other strains naturally by eating a large variety of different fruits & vegetables.

That's how you achieve true "biodiversity" of gut flora.

You don't need those crazy formulas with 50 different strains.

In fact, you should be VERY wary of probiotics you see on store shelves.

Before Good Manufacturing Practices (GMP) were enforced on the supplement industry, we spoke with many experts regarding probiotics & how they were made.

And we were stunned to discover when a test was done on U.S.

probiotics before GMP was enforced MOST WERE FOUND TO BE USELESS AND DEAD.

THE CHEAP PROBIOTICS HAD NO LIVE BACTERIA IN THEM AT ALL — PEOPLE WERE JUST GETTING RIPPED OFF & THEY HAD NO IDEA!

And we can tell you right now that chances are, especially if you're buying some el-cheapo supermarket formula, you're probably still being scammed.

An easy way to tell is if the factory has a GMP certification.

The companies we deal with have been GMP before it was even enforced.

There's a lot of rubbish out there. That's why we put so much effort in.

#### WE WANT TO GUARANTEE OUR CUSTOMERS GET A TOP-NOTCH FORMULA

Once it's grown, the bacteria is concentrated & coated with a cryo-protective agent to stop them from deteriorating from swings in temperature (such as those during shipping).

They're then freeze dried and kept in a cool place. This keeps the bacteria stable & dormant, yet easily activated once in an environment that's moist & warm (like your gut).

#### Now let's talk about enzymes.

**CanXida Restore** contains 7 digestive enzymes. Because if you've got Candida or a gut problem you **NEED** digestive support.

These enzymes are especially important in the first and second month of recovery because they're going to break down all the vegetable starches your new good bacteria are going to feed on.

Enzymes also improve absorption.

That's why we included things like amylase, hemicellulase & protease.

Because these target all the different kinds of proteins, fats and carbohydrates you need help digesting due to the current state of your gut.

Research in the past 7 years has shown that when you take enzymes and probiotics at the same time, you get an **AMPLIFIED EFFECT**.

There's a lot of reasons for this:

- First, enzymes kick start the gut and improve the acid/alkaline balance of the stomach and small intestine.
- ► This creates a more favorable environment for the beneficial bacteria to grow.
- And a hostile environment for the yeast and bad bacteria.

Not all enzyme formulas are compatible with probiotics. It takes a special skill to combine the two.

If you're taking a probiotic formula right now and you're not taking enzymes along with it, you're missing the boat. You really are.

Enzymes make all the difference.

WE ALSO MADE SURE TO PUT NO PREBIOTICS IN THIS FORMULA In case you don't know, prebiotics are special sugars in certain foods that feed good bacteria & make them grow.

So why don't we include them?

Because we've seen them cause too many bad reactions in people.

Companies add them in thinking they're feeding the beneficial bacteria.

Oh yeah, they feed the bacteria alright... They feed everything from the e. coli to the clostridia and all the other bacteria that can cause bloating and brain fog & make you feel sick.

We've seen this firsthand with products like Floracor and ThreeLac (which contains canola oil & all sorts of sugars & other junk in it).

You need to get these sugars out of your diet & get rid of any supplements that have them. You can eat foods that contain prebioitics (like garlic), but don't take supplements that contain them.

You'll get better results if you take probiotics without prebiotics.

AS REMOVE GETS RID OF YEAST, BAD BACTERIA AND PARASITES, RESTORE COMES IN & KEEPS THE "BAD GUYS" FROM COMING BACK



### CANXIDA RESTORE DOSAGE INFORMATION

Like with Remove, you want to take **CanXida Restore** with meals. Preferably at the beginning of a meal.

Because you're going to be on **CanXida Restore** for a long time, it's not critical if you take it with food, before food or after food. It doesn't make much of a difference long term.

If you're taking **Restore** short term, it's more critical.

## PROBIOTICS MUST BE TAKEN FOR AT LEAST 3 TO 6 MONTHS

Don't think you can get away with taking them for a week or two.

Look at our YouTube videos.

They talk about IMPLANTATION & how you need to not only eradicate Candida & bad bacteria — but also implant the correct bacteria into your gut wall so the problems can't return.

The dosage for this product is 2 capsules a day. You take one with breakfast & one at night before bed.

"Now wait a second, didn't you just tell me to take it with food?"

Listen. **Restore** uses a special time release capsule that only opens up in the small intestine.

It's an expensive capsule. It's not a cheap cellulose capsule that allows part of the good bacteria to be killed off by your stomach acid.

Nearly all formulas don't do that.

They don't survive the stomach bypass. They actually get destroyed before they get to the intestine.

# CanXida Restore is different. It's not affected by digestion.

It also contains a very expensive enzyme called **serratiopeptidase**.

Serratiopeptidase works best on an empty stomach. That's why you take it before bed. We picked a very high grade serratiopeptidase that binds to immune complexes in your blood.

So once it gets into your system it will actually hunt down little bits of debris in your bloodstream created by yeast & bacteria as they die off.

This is particularly effective for patients suffering from leaky gut & auto-immune diseases because this debris is one of the main causes of joint pain and many other symptoms.

As your gut health improves, you can increase the dosage to one with breakfast, one with lunch and one at bedtime. Some people also take **Restore** with dinner & get great results that way.



You can take anywhere from 1 to 6 capsules a day. No problem.

For best results, you want to use **Restore** consistently with **Remove** for a minimum of 3 to 6 months.

So take advantage of the bulk discounts on **canxida.com/bulk**.

# How To Get the Most Out of CanXida REBUILD (RBD)

Mulcivitamin B B B Counside

**Sustained Release Anti-Microbial Multivitamin** 

**Rebuild** is a synergistic formula of 32 vitamins, minerals, & trace elements – plus 9 antimicrobial herbs & extra ingredients like betaine hydrochloride, glutamic acid, citrus bioflavanoids (antioxidants), biotin & more.

It's designed to supply your immune system with all the nutrients necessary to hit the "bad guys" hard.

**REAL HARD** – as well as block them from gobbling up the vitamins & minerals from the foods you eat.

Rebuild also increases your energy levels & helps get rid of any lingering symptoms like gas, bloating, chronic fatigue & sugar cravings.

Rebuild is the CanXida product you want to take for the **longest**.

It's extremely effective at "picking up the slack" & fixing any shortcomings or mistakes you make with your diet.

Many people with gut problems have vitamin & mineral deficiencies.

You can see this in blood tests even AFTER they've fixed their diet & started taking a multivitamin.

And that's because many people with Candida or SIBO have digestive problems **PREVENTING THEM FROM ABSORBING NUTRIENTS.** 

The bugs gobble up the nutrients before they get into the bloodstream. Because no matter what vitamins you take, unless you also inhibit the

microbes — you're also feeding the Candida, bad bacteria & parasites.

**CanXida Rebuild** is unique in that it's got a back-end of different herbs that are anti-microbial.

We sourced not only the highest quality raw materials in terms of their active ingredients, but also ones that are easiest for your body to absorb.

It's got an antioxidant in there.

That's going to reduce free radical damage and immune system stress caused by Candida & parasite toxins.

#### THIS IS GOING TO DISRUPT ALL SORTS OF LIFE CYCLES THESE BAD BUGS HAVE

It's also going to prevent immune dysfunction & reduce inflammation so your body is no longer trained to have food allergies. This lets you reintroduce foods back into your diet faster.

We put gum mastic powder in there. This is a special resin from a tree that's been scientifically proven to kill H. Pylori, which is a stomach bacteria 1 in 4 people are infected with.

# It's also good for constipation, diarrhea, & many other gut issues.

We added goldenseal. Goldenseal is the best herb you can use for mucus membrane restoration. The mucus membrane is the body's first line of defense against invaders like viruses and bacteria. It lines everything from

the mouth to your digestive system.

We put slippery elm bark powder in there because it's one of the best things you can take for your colon.

It's got ginger which is an antiinflammatory. We added thyme which is one of the best natural antibacterials. Thyme is even effective against antibiotic-resistant staph and strep bacteria.

We put anise seed in there for gas and bloating. It goes on and on.



Anywhere there's a gut imbalance that involved microbes, **CanXida Rebuild** is going to work. It works passively in the background & supplies your body with all the vitamins & minerals you need.

### CANXIDA REBUILD DOSAGE INFORMATION

The standard dosage for **CanXida Rebuild** is one to two tablets a day.

You can crush a tablet up & have it with a smoothie in the morning.

You can take a tablet with lunch or dinner. You can do that for 1 or 2 months to build up your health, then reduce the dose to one or two per day.

You can take this formula every day for a long, long time.

It's a great maintenance tablet to take if you've ever relapsed or want an extra edge to prevent problems from resurfacing. It helps your gut stay stable. As with **Remove**, **CanXida Rebuild** is sustained release. So make sure you always take it with food.

The tablets are bit big for some people but you can break them up easily. We didn't put any binders or fillers into this product so it can be a bit chunky & loose, but that's OK.

You can easily blend it with food.

#### CANXIDA REBUILD SUPPLEMENT FACTS

Amount Per Serving	% Daily Value	
Vitamin A (Palmitate, water dispersible	2,500 IU	50%
Beta-Carotene	7,500 IU	67%
Vitamin C (as Ascorbic Acid)	500mg	855%
Vitamin D3 (as Cholecalciferol)	50 IU	13%
Vitamin E (as d-Alpha Tocopheryl Succinate)	100 IU	333%
Thiamine (as Thiamine HCL)	25 mg	1667%
Niacin	20 mg	100%
Niacinamide	50 mg	250%
Vitamin B6 (as Pyridoxine HCL/Pyrioxal-5-Phosphate Compl	ex) 20 mg	1000%
Vitamin B12 (as Cyanocobalamin)	50 mcg	833%
Biotin	150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate	) 150 mg	1500%
Calcium (from Calcium Citrate/Ascorbate)	150 mg	15%
Iron (as Ferronyl)	0.75mg	4%
Magnesium (as Magnesium Aspartate/Ascorbio	c) 150 mg	37.5%
Zinc (as Zinc Aspartate)	10 mg	67%
Selenium (as Selenomethionine)	100 mcg	143%
Copper (as Copper Amino Acid Chelate)	1 mg	50%
Manganese (as Manganese Aspartate)	7.5 mg	375%
Chromium (as Chromium Picolinate)	100 mcg	83%
Molybdenum (as Molybdenum Glycinate Chelate	e) 25 mcg	33%
Potassium (Potassium Aspartate)	37.5 mg	1%
Choline (from Choline Citrate/Bitartate)	10 mg	t
Inositol	12.5 mg	t
Citrus Bioflavonoid	50 mg	t
PABA	25 mg	İ
Boron (as Boron Citrate)	1 mg	<u></u> †
Trace Elements (from Sea Vegetation)	100 mcg	†
Vanadium	12 mcg	†
canXida Proprietary Blend:	400 mg	†
Gum Mastic, Golden Sea Root, Slippery E	lm Bark. G	inger

Gum Mastic, Golden Sea Root, Slippery Elm Bark, Ginger Root, Cinnamon Bark, Thyme (Leaf & Flower), Rosemary (Leaf & Flower), Chamomile (Flower/German), Anise Seed, Betain HCL, Glutamin Acid HCL

† Daily Value (DV) not established.

# How To Get the Most Out of CanXida Recharge (RCH)

Canxida Canxida George Sea ReChardson

For Inflammation, Gut, Liver, Cognitive & Immune Support

**Recharge** is a powdered mix of 36 bio-available ingredients meant to get you through your day without brain fog, fatigue, or flareups. RCH is sugar & soy free, plant-based & packed with anti-inflammatory, liver cleansing & immune supporting herbs & extracts.

**RCH** does what it says – recharges your body with fast energy so you can get things done the way you used to.

It targets brain fog, anxiety, sugar cravings, & frequent bathroom runs.

# So you can function at work, go out with friends & feel normal again.

Even if you still have a long way to go before your gut is fully recovered.

**Recharge** aims to tackle 6 issues:

- Low energy production
- Inflammation
- Brain fog & anxiety
- ► Impaired brain function
- Liver cleansing
- ▶ Burned out immune system

One way we do this is via **Japanese matcha** – a green tea renowned for its anti-inflammatory, liver protecting & brain boosting properties.

Unlike coffee which gives 3 hours of energy (followed by a crash), matcha gives 4 - 6 hours of long lasting energy which slowly subsides (no crash).

Matcha is also known to de-stress & relax the mind at the same time it provides your body with energy.

You'll never get jitters or a headache from **Recharge**. We promise.

#### RECHARGE ALSO CONTAINS

- ▶ 14g **Pea & Brown Rice** protein per scoop + 3 amino acids for a complete source of vegan protein. No whey & soy.
- ► **Ellagic acid** (aka pomegranate hull extract) a potent antioxidant with anti-inflammatory properties. We choose it vs other high antioxidant plants due to ellagic acid's unique ability to also help with cognition & brain function.
- ▶ **MCT** a healthy fat from coconut that gets absorbed fast & turned into immediate energy vs being stored.
- ► **Milk thistle seed** the #1 best herb for liver cleansing & detoxification.
- ► Larch arabinogalactan a **prebiotic** fiber that ferments in the intestine & feeds good bacteria. Larch <u>doesn't</u> feed yeast, bad bacteria or parasites.
- ➤ 21 vitamins & minerals including Vitamin D-3, **Selenium** & B-12.
- ▶ **Ginger** for joint pain, heartburn inflammation, & stomach cramps. Also supports immune function & causes the skin to produce the protein Dermcidin, which is a potent natural antifungal.
- ▶ **Tocotrienols** aka vitamin E. RCH has all 4 types of vitamin E (most others use 1). Tocotrienols support immune & cognitive function & have antioxidant & anti-inflammatory properties, making them an obvious choice for **Recharge**.

As with other CanXida formulas, we choose not only the highest quality raw materials but also ones that are easy to absorb – especially with a sick gut.

You can see this if you scrutinize the ingredient label.

The calcium in **RCH** for example comes from the cytoskeleton of red algae – a superior form of calcium that's FAR more bio-available then the cheap "calcium carbonate" others use.

#### RECHARGE IS STRATEGIC

Each ingredient does 2 or 3 things. Larch for example helps with liver & immune function in addition to being a prebiotic. And milk thistle is a strong anti-inflammatory in addition to being a powerful liver cleanser.

The 3 amino acids L-glutamine, Taurine & Glycine, help with energy production. Glycine & Taurine help produce bile. While Glycine blocks neurotransmitters that cause anxiety, improves cognition & helps you sleep.

#### DOSAGE INFORMATION

Because **Recharge** contains many of the same vitamins & minerals as Rebuild, we suggest not taking both at the same time or within the same day.

The dose is 1 scoop daily (scoop is inside). RCH is a powder & tastes great mixed with water. No smoothie needed. And it's Low Fodmap friendly too.

For best results, drink with food. Like **Rebuild**, it's a great maintenance formula to use long term to balance energy levels & prevent relapses.

HOW TO CHOOSE BETWEEN RECHARGE & REBUILD

Choose Recharge if you suffer from severe brain fog, fatigue, joint or skin problems, inflammation, or have a hard time getting through the day due to flareups or symptoms popping up while you're at work or out & about.

It's great to take if you work in an office or have a busy lifestyle where you're often on the go & don't have time to eat healthy throughout the day.

#### RECHARGE SUPPLEMENT FACTS

Amount Per Serving	%	% Daily		
Vitamin C (Ascorbic Acid)	250	mg	278%	
Vitamin D (as Cholecalciferol)	10	mcg	50%	
Thiamine (as Thiamine HCI)	17.8	mg	1,483	
Riboflavin (as Riboflavin-5-Phosphate)	3.93	mg	302%	
Niacin (as Nicotinamide)	50	mg	313%	
Vitamin B6 (as Pyridoxal-5-Phosphate)	10.26	mg	604%	
Folate (as L-5- Methyltetrahydrofolate Calcium)	200	mcg	50%	
Vitamin B12 (as Methylcobalamin)		mcg	8,3330	
Biotin	50	mcg	167%	
Pantothenic Acid (as Calcium-D- Pantothenate)		mg	1,000	
Choline (as Dihydrogen Citrate)	30	mg	5%	
Calcium (from F Lithothamnion spp. Marine Algae)		mg	4%	
lodine (as Potassium Iodide)		mcg	33%	
Magnesium (as Magnesium Citrate)		mg	12%	
Zinc (as Zinc Citrate)		mg	136%	
Selenium (as L-Selenomethionine)		mcg	91%	
Manganese (as Manganese Glycinate)		mg	43%	
Chromium (as Chromium Nicotinate Glycinate Chelate)		mcg	71%	
Molybdenum (as Sodium Molybdate)		mcg	1119	
L-Glutamine	1.5	g	†	
Glycine	1.5		†	
Larix laricina Heartwood Extract		g	†	
Taurine	350		†	
Matcha Green Tea Leaf Powder	250		†	
Ellagic Acid (from Pomegranate Hull Extract)	200		†	
Milk Thistle Seed Extract	150		†	
Ginger Root Powder	135		†	
Tocotrienols Complex Powder	110		†	

Other Ingredients: Organic Brown Rice Protein, Pea Protein, Xylitol, Medium Chain Triglycerides, Natural Flavor, Xanthan Gum Powder, Rebaudioside A (From Stevia Leaf Extract), Luo Han Guo Fruit Extract (sweetener).

# **12** Natural Ingredients That

#### **#1 GRAPEFRUIT SEED EXTRACT**

(GSE) (45% Standardized) — GSE was discovered by Korean scientists to destroy the cell membranes of over 100 different yeast species along with over 800 different pathogenic bacteria WHILE IGNORING beneficial flora. A lot of people have trouble taking GSE because of how bitter it is (which is why we put it in a tablet).

#### **#2 BERBERINE CONCENTRATE HCL**

**(85% Standardized)** — Berberine is a natural antibiotic found in herbs like

goldenseal. It has a broad spectrum application in that it not only weakens Candida but is also effective against some of the nastiest



bad bacteria such as e. coli, staph aureus, giardia, entamoeba histolytica, trichomonas vaginalis, leishmania donovani as well as several well-known parasites.

#### #3 CLOVE (4: 1 Ratio Standardized) —

Another herb very effective against yeasts and parasites, clove contains a substance called eugenol which a 2009 study at the University of Porto, Portugal, discovered RUPTURES & DESTROYS yeast cells upon contact. They also found that it almost entirely prevents Candida Albicans from producing hyphae, which are branching filaments that Candida & other fungi use to penetrate the gut wall & spread to other parts of the body. Eugenol was even found to be effective against veast strains that had become resistant to fluconazole (Diccucan), one of the most common drugs used for yeast

#### **#4 AGED GARLIC EXTRACT (2%**

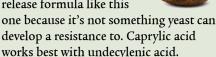
Allicin Standardized) — Garlic contains allicin, one of the most potent antifungals ever discovered. Studies have found it to be as effective as pharmaceutical drugs such as Ketoconazole & Nystatin for destroying Candida Albicans. You may think 2% sounds small but when that gets slow released throughout your whole digestive system it's going to have a very

bacteria, 20 different kinds of Candida & many, many different kinds of yeasts species such as microsporum, geotrichum, aspergillus and more. Yeast hates garlic, particularly standardized, because it can't develop a resistance to it. (Don't worry if you can't handle or are sensitive to garlic).

#### #5 CAPRYLIC ACID - A short chain

fatty acid derived from coconut which has been found to stop Candida from replicating. It's perfect for a sustained release formula like this

strong kill effect on over 800 different kinds of bad



#### #6 UNDECYLENIC ACID — A fatty acid

that comes from castor bean. It's a little more potent than caprylic acid but prefers a slightly more acidic environment



to work. Our staff has tried well over 100 Candida killing products in different combinations and they've consistently found undecenoic acid and caprylic acid to kill off a wider range of Candida

infections.

### Make CanXida Remove Work

species when you combine them vs if you take them alone.

#### #7 BETAINE HCL -

Another ingredient that works extremely well with a caprylic & undecylenic acid combination. Many people with Candida have pH issues in their small intestine which would inhibit the effect of undecyelnic acid if betaine wasn't present. When slow released, it lowers the pH a little in the environments where these two acids work together. Betaine also ensures undecylenic acid works exactly where it needs to, which is the duodenum and ileum (the two parts of the small bowel most effected by Candida). This is a strategic combination you won't find in another formula.

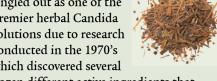
#### #8 BLACK WALNUT HULL EXTRACT

 Contains substances called tannins, one of which is juglone, which according to a 1999 University of Mississippi study is more effective at wiping out worms, parasites and yeasts than commercially available pharmaceutical chemicals such as zinc undecylenate and selenium sulfide and even drugs like metronidazole. Don't

#### #9 PAU D'ARCO (4:1 Ratio **Standardized**) — An herb from South

worry if you're allergic to nuts.

America that's often singled out as one of the premier herbal Candida solutions due to research conducted in the 1970's which discovered several



dozen different active ingredients that inhibit Candida and other fungi. Any

Candida formula that doesn't have authentic pau d'arco in it is incomplete. (Pau d'arco is often counterfeited due to its cost so we authenticate it via lab tests).

#### #10 NEEM (4:1 Ratio Standardized) -

An Indian herb rarely found in Candida formulations. According to a 2011 study published in the Brazilian Journal of



Microbiology, neem extract, even at low doses, has a very strong anti-fungal effect on a wide range of Candida & other yeast species. It is also anti-parasitic.

**#11 BIOTIN** — Biotin is a coenzyme produced by the beneficial bacterial in healthy people that has the ability to halt the growth of Candida and prevent it from maturing into its hyphal & mycelial

form (which are VERY HARD to get rid of). Biotin keeps Candida in

check & stops it from spreading. Biotin is known as vitamin H.

#12 OREGANO OIL — One of the most potent natural anti-fungals. According to research conducted in 2001 at Georgetown University Medical Center, oregano oil, when injected into a culture of Candida,

inhibits the growth of yeast completely. These researchers also found that systemic yeast infected mice given



oregano oil were fully healed within 30 days whereas ones given olive oil were dead within 10. Using oregano against Candida is very advantageous because yeast can't develop a resistance against it.

# Why You Should Read Candida Crusher

ANDIDA

CRUSHER

We want to take a moment to talk to you about our 718-page ebook, **Candida Crusher.** 

People often say "I thought I knew everything about Candida until I watched your YouTube channel."

This is how you're going to feel about **Candida Crusher.** 

This book was written out of a sense of frustration after many initial years of working in the clinic & only getting partial results.

It was written so that future Candida sufferers wouldn't have to go through the devastating anxiety, depression, and constant relapses (with little hope of having a full recovery) all too often experienced by patients with chronic Candida.

Inside **Candida Crusher** you'll find a simple yet highly effective two-stage yeast infection treatment plan.

#### A permanent yeast solution.

**Candida Crusher** is the end result of thousands of hours spent in the clinic working with patients, as well as researching countless books, online resources, speaking with many experts, & old fashioned trial & error.

This book took 3 years to write and contains information extracted from over 15,000 yeast infection cases, 1,000 stool tests, 500 food allergy tests, & many blood tests.

#### THIS BOOK IS GOING TO TELL YOU WHAT EVERY OTHER BOOK ON CANDIDA WON'T

That getting well is not easy and that remaining well will require plenty of time and commitment for the first one to two months — particularly if you've been

suffering with a chronic yeast infection for many years!

**Candida Crusher** was written to be as informative and as "baloney-free" as possible with minimal technical jargon, so it would be a easy to read and yet informative & comprehensive enough to be considered the ultimate guide on this subject.

And in fact we've been told by many practitioners it's one of the **BEST** books on Candida they've ever seen.

It's got over 200 pages on diet, 50 pages on the link between Candida and stress, 70 pages on lifestyle, 35 pages on detoxifying, many pages on diagnoses & laboratory tests, tons of information on the correct herbal treatments, the correct washes, the cleanses, it goes on & on...

So if you like our videos, try the book. It's \$7.99 on Amazon for the Kindle verion & \$22 for the paperback.

On the next page is the forward, written by Dr. James L. Wilson, N.D., D.C., Ph.D. & author of Adrenal Fatigue, the 21st Century Syndrome.

#### Forward to Candida Crusher (By Dr. James L. Wilson)

"Candida overgrowth is not something to take lightly. That is why there is such a need for a book like this. This book takes Candida treatment to the level it needs to be taken. It is a **breakthrough book** for this generation like Dr. William Crooks books were to the generation of the 1980s.

This book is a **quantum leap forward** and allows the reader to successfully treat what can become a persistent health problem that continually pulls down your overall health. This is a book providing a comprehensive protocol to truly help regain your health and be **free of the Candida scourge**. This is a book you can rely on and use as a guide to get yourself back to health.

If you are the patient, you can give a copy to a trusted doctor and say, "this is how I want to be treated". If you are the health care provider, you can use this as a guide to help you establish a written protocol to successfully treat this commonly occurring health problem.

If you have to go it alone and treat yourself, you can use Candida Crusher as a reliable guide to get yourself out of the woods and on your way to a "Candidafree" life. It's not because the book contains a lot of information – although it does, that makes it so useful. It is **because it is written from the perspective of a physician with a lot of years of experience** and from a place of wisdom that can only be obtained through seeing thousands of patients, pouring over books after hours and a commitment to helping people recover their health, not just feel better.

In my many conversations with this naturopath, I have come to know him as the **real deal**. A lot of doctors write books on health and disease. Few are written with the abundance of practical information combined with scientific understanding like this book. I believe this book is destined to become a classic and invite you to read and follow its instruction because in my opinion, **it is the best, most practical book addressing the Candida problem ever published**.

This is a book that has been needed for a long time, but needed someone with vast knowledge & experience to write a book like this. Use this book as your guide and then contact him to thank him and provide your feedback. That is the true reward to an author who writes at this level."



Dr. Wilson is acknowledged as an expert on alternative medicine, especially in the fields of stress & adrenal function. Dr. Wilson regularly speaks at some of the most prestigious medical conferences such as:

- the American Academy of Anti-Aging Medicine (AAM)
- the American Academy for Advancement in Medicine (ACAM)
- the American Academy of Environmental Medicine (AAEM)
- Fellowship in Anti-Aging & Environmental Medicine (FAAFM)

# WOULDN'T YOU LIKE YOUR GUT HEALTH

## "TWO WORDS: IT WORKS!"

"I would sum up my CanXida experience in two words: It Works. I find that if I stick with it, the results are much better than with any other treatment, and I have tried literally dozens."

- S. Queensland, Australia

#### **FEEL NORMAL AGAIN AFTER 15 YEARS!**

"It changed my life. Over 15 years I couldn't find the answer to my problems. I feel so happy with the improvement that I cherish every moment of my life. Thank you! I feel normal again after so much time." - Liamm. Bulgaria

#### **NOTHING ELSE HAS HELPED! "My**

itchiness abated, my skin texture was smooth & clear. I don't have as much sinus issues & I feel like it is helping with bloating. I've had Candida overgrowth for 35 years & NOTHING else has helped." - Kellie. Michigan

#### **10 YEARS OF RUNNING TO THE TOILET**

**GONE!** "Food intolerance for 10 years gone. 15 years of loose stools gone. 10 years of running to the toilet 6 times a day gone. Lots of gas at both ends gone."

- M. Melbourne, Australia

#### BY FAR THE BEST OUT THERE! "Huge

results. I had severe candida. I have been taking your products and following your protocol for over a year and I am seeing steady improvement. It takes time and diligence but your videos and canxida products are by far the best out there. My constipation, gas and bloating is improving. Rashes are leaving. Etc.

Canxida is the real deal. Full of integrity and good quality products. Thank you!!"

- Jen. Kansas City, Missouri

#### IT'S CLEAR THEY TRULY WANT PEOPLE

TO GET BETTER! "Two months ago I was absolutely miserable and in constant pain. Each day I was reacting to more foods and things eventually became so terrible that no matter what I put in my mouth, my belly blew up to the point that I couldn't even do my pants up anymore. My chiropractor recommended Canxida and I had a thorough look into the brand. The selling point for me was how much information they were giving to the consumers. I could easily find the answers to all of my questions. It's very clear that they truly actually want people to get better and aren't in this for the money. Which is unfortunately a rare find these davs." - Stella. Australia

#### **HELPED ME GET WELL AGAIN! "I have**

improved immensely. I was very sick with Candida for quite a few years before I finally realised what was causing the physical problems. Using the CanXida products and following your advice has helped me to get well again. I still use the Remove and Restore and probably always will."

- Linda. Ontario, Canada

#### I'VE HAD THE BEST RESULTS! "I went to

a few doctors and they gave me so many medicines, I kept trying over the counter meds, nothing was working. I found canxida & I've had the best results."

- Megan. Olympia, Washington

# TO FINALLY RESTORE LIKE THESE PEOPLE?

Remove was the key to getting rid of a parasite in my body, Blasto Hominis.
Canxida Restore was the necessary, quality probiotic follow-up. I watched 5 short videos on the youtube channel and was convinced that I would benefit from these products, Canxida Remove and Canxida Restore. That proved to be true!"

- Liam. Colorado

HEALED ACNE ON MY BACK! "So happy that it helped heal my acne (on my back)! Huge confidence booster, for sure. And so happy that it improved my digestion.:)"

- B. Texas

NO OTHER PRODUCT WORKED! "I was very thankful to get relief from symptoms of Blastocystsis Hominis when no other non-prescription product I had tried beforehand had worked, including some of the most respected practitioner-only brands on the market." - Jena. Australia

GIVEN ME MY LIFE BACK! "Taking Canxida, along with a complete diet overhaul, has given me my life back. My husband told me, "You are like a whole new person!" - C. Indiana

MORE ENERGY! "My health has improved since I started to take the 3 CanXida back in November last year. Not only it has improved my gut issues but my periods are more regular and not that painful as it used to be. The best of all is that I feel a lot more of energy instead of the extreme tiredness that I was experiencing. These products really work and I will keep taking them."

- Angela. Texas

30 YEARS OF ITCHY SKIN GONE! "I have

been suffering from increasingly itchy skin for over 30 years which began with the pregnancy of my first child. Doctors, midwives, holistic practitioners, everyone I consulted with on the problem brushed it off and suggested topical remedies. It had become unbearable, and by chance or miracle, I came across your quiz on social media. After reading some of the testimonials, watching some of your excellent videos, and getting the results from the quiz, I was certain I had found the problem. It made perfect sense. I immediately purchased and began with the CanXida Remove + Restore and within a few weeks I noticed a marked difference. and now two months into the protocol, I am nearly itch-free. I also noticed that the inflammation in my joints has diminished quite a bit, and I have far less bloating in my abdomen. I have since committed to continuing with the Remove + Restore + Rebuild and expect to follow the regimen as long as it takes. I know I will ultimately feel healthier and overall, much more happy in my body. Thank you for all of your informative videos and articles." - Teri. San Marcos, California

#### TOENAIL INFECTION CLEARED! "T

noticed the small things first... (I only bought one jar to see if it agreed with me I'm waiting for my next shipment to arrive) but with only one jar my brain fog cleared and the infection on my toenails cleared I'm so impressed...I still have my recurring thrush but I didn't change my diet! When my lot comes I intend to go all out to get rid of this once and for all!"

- K. United Kingdom

#### OVER 10 YEARS OF RECURRING YEAST

INFECTIONS GONE! "Absolutely changed my life. I got rid of my yeast infection for good. It had been recurring for over a decade. I finally have relief. My entire body is healthier. My oral health, gut health, foot health have all cleared. I also got rid of dry skin. I will forever be grateful. I also have eliminated alcohol from my diet and have changed my lifestyle to include more vegetables and exercise. It's a complete change that's needed. Your advice and products have brought me my life back."

- Courtney. New Jersey

**LOST LOTS OF WEIGHT!** "After a couple of very sick months I felt fantastic, plus lost lots of weight!" - Mathew. Greece

**SAVED MY LIFE!** "I will never put any other supplements in my mouth on the market other than Canxida. Also I won't ever recommend any other program than the Candida Crush program. It actually saved my life. Thank you. Me and my members in my FB group Candida Cleanse Sweden can't say thank you enough for all you've done for us <3."

- Natalie. Sweden

weeks on the CanXida supplements I am already starting to feel a difference. I don't have as much brain fog, I'm sleeping better at night, my intestinal spasms are less, I have more energy, my hair and skin feel healthier, and I'm having daily bowel movements, whereas before I was only having them every other day. After dealing with these symptoms for decades, my results so far are encouraging, even after a short period of time. I've told my sister about my experience and she is looking into these protocols as well. Thanks!"

- Lisa, Utah

LESS ITCHY WITHIN DAYS! "I have only been taking it for a few days but I am already feeling a little less itchy.

Great product!" - Alexandra. Seattle

but surely the countless amount of symptoms I was experiencing on a daily basis gradually subsided. I still have a few left but far less than before. I can manage my day to day chores easier, I have a life, whereas seven months ago I could barely do anything. I aim to further my treatment till the overgrowth has subsided. Thank you for these wonderful

products."

LITERALLY SAVED ME! "Don't mean to be dramatic but your youtube channel and articles literally saved me. Horrific constipation and chronic yeast infections ruled me for so long and I finally don't have to worry about it 24/7 now. Symptoms are improving and I can finally focus on my studying. Not to mention there is literally a video on every topic one can think off on your channel."

- Karishma. Trinidad

- Christian. France

#### BEST I'VE BEEN SINCE I GOT ILL! "I've

suffered from parasites for three years. I now have anxiety as well. I'm the best I've been since I got ill. While using these products I went from having zero energy and drive to being able to get through the day. My Naturopath says it's the best formula he has ever seen and that nothing he could prescribe me could come close to Canxida products." - Elly. Australia

AMAZING LAB RESULTS! "I'd been watching the youtube videos with interest for a few months and then I saw the one with the before and after lab tests on a guy with inflammation and parasites that went away so I bought the \$399 deal on the spot." - Rebecca. California

**MIGRAINES GONE!** "For 4 years my family doctor has prescribed me Fluconazole and Metronidazole to treat my infections. I went along with antibiotics, I trusted my doctor when she said "unfortunately some people are just prone to vaginal infections and we can only "cure" it with antibiotics". I had regular migraines and brain fog followed by joint pain, ringing ears, bloated stomach. I just didn't feel right knowing my doctor was just treating the symptoms and not the root cause. I purchased Canxida Remove in April 2020 as I was just getting fed up of taking antibiotics for my reaccurrent infections. Not long after a week of taking the supplement I could feel a massive improvment to my symptoms. It really has been a relief to finally find a natural product that is good in quality and is helping me to get my health back on track. Since taking Canxida I've not had a migraine (usually at least one headache a week), my joint pain has eased and my vaginal infections have decreased in the number or attacks. I plan to continue taking Canxida supplements as I am confident that they will fix my illnesses once and for all. THANK YOU for all the work and research you have and are doing to help candida sufferers like myself have a voice and not just another patient brushed aside and not believed in." - Erica. United Kingdom

#### **MY GUT FINALLY FEELS NORMAL!**

"It's the only product that has helped me in over ten years suffering from blastocystis hominis. When I take the Remove and the Restore, my gut finally feels "normal" again." - Janae. Oregon

It's HEALING MY ECZEMA! "My eczema has begun to calm down, my skin looks and feels healthy and I feel more energetic!! I'm 52 and feel better than I have in years!" - Paula. Pennsylvania

#### **MONTHLY YEAST INFECTIONS GONE!**

was getting a vaginal yeast infection every month at the time just before my period started. They're gone now!"

- Lindsay. Missouri

**I HAVE BETTER SLEEP!** "It helped me and its been helping me, I started with 2X a day then lower to once per day. I used to feel so bloated and not so normal after I eat. But now I don't feel like that anymore. I have better sleep most of the time now. The supplements really work."

- M. Phillippines

#### IT'S TAKING AWAY MY NAUSEA! "The

Canxida has helped in taking away some of my nausea, which had gotten severe for a long time. I've tried other products that actually made my symptoms worse. I know that Canxida will treat whatever is going on in my gut, which is fantastic. I can't afford to have a bunch of different testing done, but I was also at my wits end with dealing with gut problems, and all the symptoms that comes with it in other areas of the body, so I'm happy this product will take care of the problem whether it's parasites, leaky gut, or Candida. Your videos have offered so much insight that I try to soak up whenever I get the chance. They give me that assurance that I'm not stuck feeling terrible and that I will be healthy again. I can't thank you enough. Bless you for these!!!" - Hope. Oklahoma

#### **REALLY GRATEFUL FOR PRODUCTS**

THAT WORK! "I've been on Canxida for a little over a month now and have noticed a marked difference in my stomach pain and upset. I am really grateful for products that work! When I joined your emailing list I really appreciated the daily e-mails. They made me feel not so alone and like I really can kick this sickness."

- Krissy. Vancouver, Canada continues.

# **CanXida Frequently Asked Questions**

#### Do I Need To Take 3 or 4 CanXida Formulas At Once?

It's not mandatory but you'll get better results if you take **Remove** & **Restore** plus either **Rebuild** OR **Recharge** at the same time. We recommend most patients take at least **Remove** & **Restore**. If you have a chronic gut problem, aim to include **Rebuild** or **Recharge**. For BEST results, take 3.

### How Long Should I Use CanXida For?

Take **CanXida** until you no longer get a benefit from doing so.

We didn't design **CanXida** to be taken indefinitely. We designed it so it makes you feel better so you can stop taking it. Some people take it for 3 months and stop. Others are still taking it in low doses 2 years later. We've had customers who were unwell for 20 years & have been on **CanXida** for over 18 months & they're STILL improving. If you're getting a benefit from something, you keep using it.

Very simple.

### How Should I Store CanXida?

**CanXida** is shelf stable & can handle swings in temperature without losing potency. If you have extra bottles, keep them in a cool, dark place (like your refrigerator) until you're ready to use them.

# How Long Does It Take For CanXida to Start Working?

With **Remove** you should notice an effect within the first week. Many people say they notice an effect within the first 24 hours. It depends

on the current state of your gut, your diet, your lifestyle & many other factors.

The longer you've been eating good food, getting enough sleep and working on reducing your stress, the faster you're going to see results with **CanXida**.

Restore can take a bit longer to work — up to 14 days before you see things like changes in energy & improved sleep. That's because it takes time for the beneficial bacteria to build up.

It's like growing a garden.

You can't transform soil that's full of weeds & has been sprayed with toxic chemicals into a beautiful garden within a few days or even a few weeks. It takes time. And it's the same with your health.

**CanXida Rebuild** can pick you up as quickly as **Remove**. If you're very deficient in minerals — meaning you've been sick for a long time — you should notice your energy levels start to bounce back within 7 to 10 days.

If you're not seeing results with any of the products, it means either your dosage is wrong or you need to work on your diet or lifestyle some more. Something there needs fixing.

### No Matter How Sick You Are, Recovery Is Possible — So Don't Give Up! Choose A Bundle Below & Save Up to 33% On Future Bottles

#### Ultimate CanXida Deal — Save 28%!



Order a **3 month supply** of Remove, Restore & Rebuild (9 bottles) for just **\$369.99**. That's only \$41.11 a bottle! You SAVE \$169.92 OFF

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1x Remove + 1x Restore + 1x Rebuild

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Order a **1 month supply** of Remove & Restore (2 bottles) for the low price of **\$99**. That's only \$49.50 a bottle! You SAVE \$20.98 OFF

1x Remove + 1x Restore

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Order a **2 month supply** of Remove, Restore & Recharge (6 bottles) for just **\$279.99**. Normal price individually: \$419.94. You SAVE \$139.95.

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Order a **1 month supply** of Remove, Restore & Recharge (3 bottles) for just **\$149.99**. Normal price individually: \$209.97. You SAVE \$59.98.

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#### **CanXida Immune Support Pack** — Save 33%!



Order a **2 month supply** of Remove, Restore, Rebuild & C-3K Plus (8 bottles) for just **\$336.99**. Normal price: \$499.92. You SAVE \$162.93.

2x Remove + 2x Restore + 2x Rebuild + 2x C-3K Plus visit canxida.com today

#### Post-Antibiotic Recovery Pack — Save 18%!



+1x C-3K Plus

Order a **1 month supply** of Remove, Restore, Rebuild & C-3K Plus (4 bottles) for just **\$179.99**. Normal price: \$219.96. You SAVE \$39.97.

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**Getting Your Gut Back to Normal** 

# CanXida Quick Start Dosage Guide:

CanXida Remove: Start with 1 tablet a day for 3 to 4 days. After 3 to 4 days, increase dose to 1 tablet, 2 times a day.

Sensitive patients who react to supplements should start with  $\frac{1}{2}$  a tablet for 3 to 4 days, & then increase the dosage by  $\frac{1}{2}$  tablet every week.

Always take Remove with **food**. For best results (and especially if symptoms are severe or you've been sick a long time), aim to increase dosage to 1 to 2 tablets, 3 times a day. Remain at this dosage for **1 to 2 months**.

Dose can be decreased to 1 tablet, 2 times a day for 2 weeks, or can be stopped for 1 week to take a break. Aim to take for 3 to 6 months at a minimum.

CanXida Restore: Take 1 to 2 capsules a day. For best results, take first capsule with breakfast & the 2<sup>nd</sup> capsule on an **empty stomach** before bed.

Dose can be increased to up to 6

capsules a day if desired. Aim to take for 3 to 6 months at a minimum.

CanXida Rebuild: Take 1 tablet, 2 times a day. One with breakfast & one with dinner. Or 2 tablets twice daily with food. For best results, take 2 tablets a day for a minimum of 3 months.

If tablet is hard to swallow due to its size, feel free to crush it prior.

Rebuild can be used as a daily **maintenance** supplement after you're recovered. Try not to take Rebuild & Recharge at the same time.

CanXida Recharge: Take 1 scoop (scoop is included) daily, either **mixed** with water or in a smoothie or similar beverage. For best results, take with food.

Recharge can also be used as as a daily maintenance supplement. Aim not to take Recharge & Rebuild at the same time.

See Inside Booklet For More Detailed Dosage Information